



TAC SEPTEMBER SPLASH

September 23rd, 2016

SANCTION NO. VS-18-08



SANCTION:	<ul style="list-style-type: none">• Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: VS-18-08.• USA Swimming, Inc., Virginia Swimming, Inc., and the Old Dominion University JC Scrap Chandler Natatorium shall be held free and harmless from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.						
LOCATION:	Old Dominion University JC Scrap Chandler Natatorium located in the Student Recreation Center at the corner of 48 th Street and Powhatan Avenue, Norfolk, VA 23508						
FACILITY:	<ul style="list-style-type: none">• Eight (8) lane 25 yard indoor pool, 15 feet in depth at the start end and 4 feet in depth at the turn end. All sessions will be run using an eight (8) lane course for competition. Facility uses a Colorado Timing System.• The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4).						
MEET DIRECTOR:	<table><tr><td>David Livsey</td><td>Jessica Livsey</td></tr><tr><td>Phone: (757) 763-9770</td><td>Phone: (757) 373-0199</td></tr><tr><td>Email: davidklivsey@gmail.com</td><td>Email: jhm329@gmail.com</td></tr></table>	David Livsey	Jessica Livsey	Phone: (757) 763-9770	Phone: (757) 373-0199	Email: davidklivsey@gmail.com	Email: jhm329@gmail.com
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ELIGIBILITY:	<ul style="list-style-type: none">• This is a closed meet open only to registered swimmers of TAC, DIG, and ODAC.• No on-deck USAS Swimming athlete registration will be permitted.• Age on Sept. 23, 2017 will determine age for the entire meet.						
DISABILITY SWIMMERS:	<ul style="list-style-type: none">• Athletes with a disability are welcomed and shall provide notice of desired accommodations to the Meet Director.• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.						
FORMAT:	<ul style="list-style-type: none">• All events will be swum in one session and will be timed finals.• All events will be Open events and will be seeded based on times.• One (1) 15 minute break will be provided in accordance with the event list.<ul style="list-style-type: none">○ The pool will be open for warm-up for 10 minutes during break.						
WARM-UP:	<ul style="list-style-type: none">• Warm-ups start at 10:00 am; Competition starts at 11:20 am.• Warm-up information will also be available on the TAC website, www.swimtac.com.						
ENTRIES:	<p>DEADLINE FOR THE RECEIPT OF ENTRIES IS WEDNESDAY, SEPTEMBER 18th, 2016.</p> <ul style="list-style-type: none">• Coach Time (CT) and "No Time" (NT) entries will be accepted for events in which a swimmer does not have a time of record. CT must be slower than an "A" time. All entry times other than CT must have been achieved in USA Swimming sanctioned, approved, or observed competition.• Swimmers will be limited to five (5) individual events and two (2) relays.• Email entries to: David Livsey, davidklivsey@gmail.com• Deck entries will be accepted in the order received for swimmers already entered in the meet, to the extent that open lanes are available. No additional heats will be added. Deck entries must be submitted to the meet director.						

FEES:	<p>Individual events: \$4.00</p> <p>Swimmer surcharge: \$5.00 per person (entered in the meet in any capacity)</p> <ul style="list-style-type: none"> • Includes free access to Heat Sheets • PDF Files available online: www.swimtac.com • Hard Copies onsite • Checks should be made payable to: Tidewater Aquatic Club <p style="text-align: center;">Mail payment to: Tidewater Aquatic Club P.O. Box 6141 Norfolk, VA 23508 (757) 373 - 0199</p> <ul style="list-style-type: none"> • Payment must be received by Friday, Sept 23rd, 2017 for all entries. • Failure to pay entry fees by this deadline could result in teams being barred from the meet • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery as this will delay the acceptance of your entries.
AWARDS:	<ul style="list-style-type: none"> • Heat winner awards will be given in all events.
SEEDING:	<ul style="list-style-type: none"> • All events will be pre-seeded.
PENALTIES:	<p>Penalties for entries using fraudulent and/or non-verifiable entry times:</p> <ul style="list-style-type: none"> • Swimmer shall be marked as exhibition for the event swum illegally and the event shall be re-scored and awarded. • A club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results. • Clubs entering swimmers not legally registered with USA Swimming before the first day of the meet may be fined \$100 per swimmer in each event(s) swum • If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.
RULES:	<ul style="list-style-type: none"> • The current USA Swimming Rules and Regulations will apply. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval • Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • The overhead start procedure will be used for the all sessions. • Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. • Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. • In accordance with VSI Best Practices, swimmers should shower before entering the pool. • In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet • Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director <ul style="list-style-type: none"> ○ Coaches with expired or non-current credentials will be required to leave the deck area

OFFICIALS:	<p>Meet Referee: Genny Kimbel Email: gennykimbel@gmail.com Phone: (757) 876-9134</p> <ul style="list-style-type: none"> • Officials will be needed for all positions and full length of this meet. • Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to: Ralph Ingraham Tidewater Aquatic Club Officials Chairman Phone: (901) 292-3958 Email: ralph.ingraham@cox.net • We ask all officials to be on deck one (1) hour prior to the start of the session (10:20 AM) for an Officials Meeting in the hospitality room. • The meet director and/or meet referee reserve the right to host a coaches' meeting if needed, before the start of the meet.
SAFETY:	Virginia Swimming Meet Safety Procedures will be in effect.
TIMERS:	<ul style="list-style-type: none"> • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • The number of timers required per club and their lane assignments will be posted on the TAC website www.swimtac.com no later than Wednesday, September 20, 2017, and will also be emailed to the contact person of each of the individual clubs.
GENERAL:	<ul style="list-style-type: none"> • Snack Bar/food: A snack bar/food vendors will be available during the meet. • Swim Shop: Aquawear will be available for the meet. • Hospitality: Tidewater Aquatic Club will provide a Hospitality Room for coaches, officials and officials in training. Snacks will be provided throughout the session.
FACILITY RULES:	<ul style="list-style-type: none"> • Swimmer/Spectator Conduct: Each club is responsible for supervising the conduct of its swimmers/spectators. Any swimmer/spectator that violates Aquatic Center rules, posted at the pool and in the meet program will be disqualified from the meet and escorted from the facility. • The ODU policies prohibit food of any kind in the pool area. Consumption of food is allowed in the lobby area and the spectator balcony. Permissible beverages, sports drinks and water, must be in closed plastic containers. • Deck Access: Access to the pool deck will be strictly controlled. Swimmers, coaches, officials and event staff only will be permitted on the deck during warm-ups and the competition. • Parking will be available on the Old Dominion University Campus in designated areas. Further details will be sent to team contact prior to the meet. • Swimmer bags and equipment is only allowed on the deck and not permitted to be left in the athletic locker-rooms.
DIRECTIONS:	<ul style="list-style-type: none"> • From Southside: Take 264 to Norfolk and exist Waterside Drive. Waterside drive becomes Boush Street and you will make a left onto Brambleton Avenue. Follow Brambleton Avenue you see signs for Hampton Boulevard/ODU. Bear right onto Hampton Boulevard. Follow Hampton Boulevard to 43rd Street (approximately 3 miles) and make a right follow down 48th Street facility is on your right. • From Peninsula: I-64 E until you reach exit 276, VA-406/NAVAL Base/Terminal Boulevard. Once on the exit ramp, stay right as it splits. Once on I-564, stay right again, following the first exit for Terminal Boulevard. Continue straight through two traffic lights, and at the third light, turn left onto Hampton Boulevard. Follow Hampton Boulevard. to 48th Street and make a right. Follow to 1520 West 48th Street.

**TAC SEPTEMBER SPLASH
ORDER OF EVENTS**

Saturday, September 23rd, 2016

Warm-up: 10:00 AM

Start: 11:20 AM

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
1	Open 25 Freestyle	2
3	Open 200 Medley Relay	4
5	Open 100 Freestyle	6
7	Open 50 Butterfly	8
9	Open 100 Individual Medley	10
11	Open 50 Breaststroke	12
13	Open 100 Backstroke	14
15	Open 25 Backstroke	16
	15 Minute Break (10 Minute Warm-Up, 5 Minute Clear Pool)	
17	Open 25 Butterfly	18
19	Open 200 Freestyle	20
21	Open 50 Backstroke	22
23	Open 100 Butterfly	24
25	Open 200 Individual Medley	26
27	Open 50 Freestyle	28
29	Open 100 Breaststroke	30
31	Open 25 Breaststroke	32
33	Open 200 Freestyle Relay	34